

2020
**Community Bereavement
Resource Directory**
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P.O. Box 660365, Sacramento, CA 95866

916-557-5882

GriefHelpSacramento.com

The purpose of BNRS is to refer bereaved members of the community to an appropriate support group. Please continue to check our website for updates to this directory. Call specific resources for possible virtual meetings.

Bereavement Network Resources of Sacramento, a nonprofit organization, has been providing services in the greater Sacramento area since 1984. It was formed by dedicated volunteers who experienced grief and saw the need to help others in similar situations. BNRS is governed by volunteer board members, consisting of human services professionals, care givers, grieving persons and community-at-large members.

GENERAL BEREAVEMENT

GriefShare 800-395-5755
GriefShare support groups meet weekly.
griefshare.org

Kaiser Permanente Hospital 916-977-3197
Bereavement support groups on-going and open to the public in Elk Grove, Roseville, and Sacramento.
kaiserpermanente.org

SACRAMENTO

Mercy General Hospital 916-453-4552
Ongoing 6-week grief and loss sessions. Call for information and registration.
dignityhealth.org

Mercy San Juan Hospital Support Group Chaplaincy Service 916-537-5098
Program for anyone experiencing grief.
Mercy San Juan Hospital, 6501 Coyle Ave., Carmichael.

Snowline Hospice

Various bereavement programs
Sacramento 916-817-2338
Diamond Springs 530-621-7820
snowlinehospice.org

Sutter Care at Home Hospice Bereavement Services 916-388-6215
Adult grief support groups offered daytime and evenings on a walk-in basis. Call for information on dates, times and location.
suttercareathome.org

UC Davis Hospice Bereavement Support Group 916-731-6867
6 week support groups offered throughout the year. Call for information and registration.
<https://health.ucdavis.edu/homecare/hospice/bereavement.html>

Yolo Hospice 530-758-5566
Individual and group bereavement support serving several surrounding counties offering various grief support meetings for children, teens and adults, including a Pet Loss support group. Call for information.
yolohospice.org

AMADOR COUNTY

Hospice of Amador & Calaveras 209-223-5500
Ongoing grief support group in Jackson. Call for information.
hospiceofamador.org

AUBURN

Auburn Sutter Faith Hospice 530-886-6650
Open to anyone experiencing loss through death. Call for info on dates, times and location.
sutterhealth.org/auburn/services/home-health-hospice/grief-bereavement-support

ROSEVILLE

Bristol Hospice 916-782-5511
Grief support meetings, daytime, 4 times a year.
bristolhospice.com

Sutter Care at Home Hospice Bereavement Services 916-797-7900
Adult grief support groups offered daytime and evenings on a walk-in basis. Call for info on dates, times and locations.
suttercareathome.org

FAITH SUPPORT

Many faith and spiritual communities offer bereavement support services, there are too many for us to list them all. Call BNRS for more information. Below is a small listing.

Bayside Grief 916-791-1244
care@baysideonline.com
At Bayside we are here to help you heal when someone loved dies.
<https://granitebay.baysideonline.com/grief-support/>

Roman Catholic Diocese of Sacramento 916-733-0100
info@cfcssacramento.org 916-840-2138
Please call or email for information about Bereavement Groups at Parishes throughout the Diocese of Sacramento. English & Spanish.
scd.org

Lutheran Church Stephen Ministry
parishrn@stjohnslc.org 916-444-0874
Our Stephen Ministers are trained to provide one to one Christian listening.
stjohnslc.org/congregational-care

LOSS OF SPOUSE

SACRAMENTO

Widowed Persons Assn of California

916-972-9722

Social and support groups. "Resolving Grief" program and support meetings are open to non-members. Support meetings every Sunday 3:00-5:00 pm. 2628 El Camino Ave. D-18, Sacramento. sacwidowed.org

DIAMOND SPRINGS

Loss of spouse/significant other grief support group

530-621-7820

916-817-2338

snowlinehospice.org

LOSS OF CHILDREN

***Bereaved Parents of USA**

Sacramento • South Placer Chapter

Chris Harder **916-768-3891**

chrisharder@heritageoaksmc.com

Monthly support meetings for grieving parents.

Call for information. sspcc.org

*** Compassionate Friends**

Sacramento Chapter **916-282-4699**

Bereavement support for parents who have lost a child. Newsletter, telephone support, and monthly meetings. Call for location and times. email: tcfsacvalley@gmail.com
compassionatefriends.org

*** Sharing Parents** **916-424-5150**

Support group for those whose babies have died from the time of conception through early infancy. sharingparents.org

UC Davis Hospice Support Group

Bereavement Coordinator **916-731-6867**

8 week support group for parents who have lost a minor-aged child, offered once a year. Call for registration. <https://health.ucdavis.edu/homecare/hospice/bereavement.html>

YOUNG ADULT GRIEF

UC Davis Hospice Support Group

Bereavement Coordinator **916-731-6867**

8 week support group for young adults, 17-24 years old. Offered twice a year.

Call for registration. <https://health.ucdavis.edu/homecare/hospice/bereavement.html>

CHILDRENS GRIEF

By the Bay Camp **866-488-5679**

Sponsored by Hospice by the Bay (Marin). <https://hospicebythebay.org/types-of-care/grief-support/by-the-bay-camp/>

Camp Hope **916-772-1400**

Sponsored by Taylor Family Foundation.

Call Lynn Hebert camphopeCA.com

Children's Bereavement Art Group

916-454-6555

Creative support for grieving children 4-17 who have experienced the death of a parent, sibling or significant person *within the last year*. Information/Registration:

sutterchildrens.org/childbereavement

Yolo Hospice Stepping Stones

Ages 4-18

530-758-5566

ddeerfeeder@yolohospice.org

yolohospice.org

Snowline Bereavement Services

Peer grief support groups to children, teens and families.

Sacramento **916-817-2338**

Diamond Springs **530-621-7820**

snowlinehospice.org

SUICIDE, HOMICIDE AND DRUNK

DRIVER BEREAVEMENT SUPPORT

*** Suicide Loss - Friends for Survival**

1-800-646-7322

916-392-0664

Outreach program, support and education after a suicide death. Monthly meetings, newsletter. friendsforsurvival.org

Homicide Support Network **916-874-5701**

Support group for survivors of homicide. District Attorney's Office

sacda.org

*** MADD - Mothers Against Drunk**

Drivers

916-481-6233

Call for information. madd.org/sacramento

** Local chapter of national organization.*

SUPPORT FOR MAJOR ILLNESSES

ALS

Greater Sacramento Chapter 916-979-9265
Amyotrophic Lateral Sclerosis or Lou Gehrig's Disease. Support, education, resources for patients, caregivers, family and friends.

alssac.org

Alta Calif. Regional Center 916-978-6400
Serving developmentally disabled persons, high risk infants and their families. Case management information and referral.

altaregional.org

Alzheimer's Aid Society 916-483-2002
of Northern California 800-540-3340
Education, support group meetings, newsletter.

alzaid.org

*** Alzheimer Association 800-272-3900**
Education, support, regular meetings and newsletter.

alznorcal.org

Alzheimer's Disease Research Center 916-734-5496

UCD-ADC evaluates for dementia and other memory related disorders.

health.ucdavis.edu/alzheimers/

*** American Cancer Society 800-227-2345**
Information and referral. Education and support for patients and families with cancer.

cancer.org

*** American Diabetes Assn. 800-342-2383**
Sacramento Sierra Chapter. Education, information, speakers bureau, referral

diabetes.org

*** American Stroke Assn 916-446-6505**
Education, referral and speakers bureau.

stroke.org

*** American Lung Assn of California 916-554-5864**

Stop smoking programs, asthma management. New information & referral.

lung.org

*** Arthritis Foundation 800-283-7800**
Sacramento Valley Office. Resources Center for Arthritis.

arthritis.org/local-offices/ca-sacramento

*** Easterseals Superior California 916-485-6711**
Rehabilitation center, information and referral.
easterseals.com/superior-ca

Head Trauma Support Project 916-568-6660

Support, information, education, advocacy and prevention for survivors and families. Weekly meetings.

headtraumasacramento.org

*** Leukemia & Lymphoma Society 916-929-4720**
800-410-8170

Patient aid, family support, education and information, referral.

LLS.org

*** Lupus Foundation of America, Northern CA Chapter 800-558-0121**
Information, physician referral and support.

lupuscalifornia.org

*** National Alliance on Mental Illness NAMI, Sacramento 916-364-1642**

Support for families or friends of persons with mental illness.

namisacramento.org

*** Parkinson Association of No. California 916-357-6641**

Support for parkinson's patients, friends and families. Monthly group meetings, information and referral.

panctoday.org

*** United Cerebral Palsy 916-565-7700**

Transportation, respite and educational programs. Serving Sacramento, Yolo, Placer, El Dorado and Nevada counties.

ucpsacto.org

** Local chapter of national organization*

CAREGIVER SUPPORT

Del Oro Caregiver Resource Center

**800-635-0220
916-728-9333**

Del Oro Caregiver Resource Center works with caregivers of brain impaired adults. Provides education, coping skills and support for families.
deloro.org

SUPPORTIVE SERVICES

County Medically Indigent Services

Program (CMISP) 916-874-9238

Medical & dental care.

Indigent Cremation 916-874-9320

Sacramento County Coroners Office

Sierra Donor Services 916-567-1600

Organ and tissue donation. **sierradonor.org**

Law Enforcement Chaplaincy (LEC)

Chaplains assist victims and survivors who have experienced a crime, tragedy or traumatic event.

**Sierra LEC (Placerville) 530-621-1036
slec.us**

**Placer County LEC 916-672-6984
24/7 Emergency 530-889-5824
placerchaplains.com**

**Sacramento County LEC 916-857-1801
Office 916-978-0296
sacchaplains.com**

**Woodland Police Chaplains
Dispatch 24/7 530-666-2411**

**Yuba/Sutter County, Trauma Intervention
Program, TIP 530-673-9300**

**Threshold Choir • Sacramento • Davis
Marian 716-912-4994**

Women singing at the bedside of the dying to bring comfort to all..

thresholdchoir.org/davis

ServPro 800-SERVPRO

Biohazardous services specializes in safely cleaning trauma and crime scenes.

servpro.com

Homicide Support Network 916-874-5701
Crisis and short-term counseling and referral.
**victimcompensation.ca.gov
sacda.org**

**Weave, Inc 916-920-2952
(Women Escaping A Violent Environment)**

Temporary shelter and support services for sexually assaulted and/or battered women and their children who are in crisis and in need of a safe place to stay.
weaveinc.org

HOSPICE

Home terminal care, provided by an interdisciplinary team including volunteers. Care and services include emotional and spiritual support, respite care, 24 hours on call, and bereavement support. Eligibility: prognosis of six months or less.

SACRAMENTO

**Bristol Hospice 916-782-5511
bristolhospice.com**

**First Call Hospice 916-725-2580
fchosp.com**

**Interim Healthcare Hospice 916-779-0811
interimhealthcare.com/sacramentohospice**

**Kaiser Hospice 916-486-5300
kaiserpermanente.org**

**Mercy Hospice 916-281-3900
seriousillness.org/sacramento**

**R.C. Hospice Care, Inc. 916-858-1440
rc-hospice.org**

**Sutter Hospice 916-388-6255
suttercareathome.org**

**UCDavis Homehealth 916-734-2458
health.ucdavis.edu/homecare**

**Vitas Innovative Hospice 916-925-7010
800-938-4827 vitas.com**

AMADOR & CALAVERAS

**Hospice of Amador & Calaveras
209-223-5500
hospiceofamador.org**

AUBURN

**Auburn Sutter Faith Hospice
530-886-6650
checksutterfirst.org**

EL DORADO COUNTY

**Snowline Hospice 530-621-7820
916-817-2338 snowlinehospice.org**

GRASS VALLEY

**Hospice of the Foothills 530-272-5739
hospiceofthefoothills.org**

ROSEVILLE

**Sutter Hospice 916-797-7850
suttercareathome.org**

**YOLO Hospice 530-758-5566
yolohospice.org**

This Community Bereavement Resource Directory was compiled by Bereavement Network. Inclusion is not intended to be an endorsement. Space does not permit the listing of all references. For more complete information call **211 Sacramento Information & Referral Services at 916-498-1000**.

Additional copies: Suggested donation - 25¢ each + postage
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**CATHOLIC FUNERAL
& CEMETERY SERVICES**
OF THE DIOCESE OF SACRAMENTO

St. Mary Cemetery & Funeral Center

(FD2263)

6509 Fruitridge, Sacramento

916-452-4831

Calvary Cemetery & Funeral Center

(FD2262)

7101 Verner, Citrus Heights

916-726-1232

cfcsSacramento.org

Funeral, Mortuary, Cremation & Cemetery Services

BNRS Board of Directors

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Catholic Funeral & Cemetery Services
of the Diocese of Sacramento

CRISIS LINES (24 HOURS)

AA Hotline
aasacramento.org

916-454-1100

Suicide Prevention Service **916-368-3111**

California Youth
calyouth.org

800-843-5200

National Suicide Prevention **800-273-8255**
suicidepreventionlifeline.org
SPSAmerica.org

Friendship Line
(emotional support warmline for
older & disabled adults)

800-971-0016

WEAVE **916-920-2952**
(Battered Women, Sexual Abuse, Domestic
Violence)
weaveinc.org

Sacramento Mental Health Treatment Center

7 am - 11 pm
after hours

916-875-1000
888-881-4881